



# Celebrity Greetings

**RTN. ERWIN CURVA** **PP OLIVER MASENDO**

*October 7* *October 13*



OCTOBER 18, 2023

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# Programme

## Opening Ceremony

### Call to Order

Reading of Tonight's Prayer  
National Anthem  
Rotary Hymn  
Object of the Rotary/ 4-Way Test  
Intro. of Visiting Rotarians & Guests

### PRES ALVIN DEMONTAÑO

PAG MELVIN DISTOR  
PAG MARIO DIDELES  
PP JUN DEMONTANO  
PP BEBOT EDILLON  
PP RENE ESPIRITU

## Fellowship

Community Singing  
Celebrity Greetings

RTN. GERALD FACIOL  
PP BUTCH FLORES

## Club Matters

Treasurer's Time  
Secretary's Time  
**President's Time & Adjournment**

TREAS. JOHN ARCAMO  
SEC. JASON FRANCISCO  
**PRES ALVIN DEMONTAÑO**

### RTN. NESTOR FONG

Moderator



# Fully-paid Members

## FULLY PAID MEMBERS

2ND QUARTER—RY2023-2024

RTN. REY CORTES  
DIR. ALEXANDER JAY CRUZ  
RTN. MICHAEL CUE  
RTN. LEO LABRADOR  
RTN. DOODZ LAPIZ  
RTN. CHARLES PASCUA  
PO NOEL PIDO  
RTN. FLORANTE RODRIGUEZ  
RTN. RALPH SOGUILON  
RTN. MOSES SUNICO  
PAG RAMON GONZALES  
RTN. IAN SELVIDO





## Rotary International Features



### **A Flight to Fight Polio** Rotary members fly around the world to raise funds for polio eradication

John Ockenfels and Peter Teahen's Flight to End Polio took three months to circumnavigate the globe. Getting their single engine Cessna 210 off the ground took three years.

The seeds for that altruistic airborne excursion were planted in 2018 when Teahen, a pilot since 1972, began to wonder if he could fly his plane around the world. He broached the topic with his wife, Janet. She encouraged her husband, a member of the Rotary Club of Cedar Rapids West, Iowa, USA, to look into the possibility, fully expecting (or so Teahen suspects) that he would likely soon lose interest.

To Janet's surprise, her husband pursued the idea and, after several months of careful study, concluded that the flight was feasible. Janet tried a different approach: "You can't go," she insisted, "unless you find somebody as crazy as you to go along with you."

Which, again to her surprise, Teahen did. Janet had a cousin, John Ockenfels, about whom Teahen basically knew only two things: A member of the Rotary Club of Iowa City A.M., Iowa, USA, Ockenfels was a former district governor — and he owned three planes, which, in Teahen's estimation, already qualified Ockenfels as crazy.

The two men met and talked at length about Teahen's plan to fly around the world. At the end of their conversation, Teahen (as Ockenfels tells the story) "looks over and says, 'You know, you could join me if you wanted to.'"

"The little kid inside of me was jumping up and down and doing the Snoopy dance, going, 'Oh, this would be cool,'" recalls Ockenfels. "But this older guy on the outside that's seen a few things in life and knew what something like this entails said, 'I'll get back to you.'" Besides, before he committed to making the flight, Ockenfels wanted to talk with his wife, Deb. —to be continue



## Tonight's Prayer

We are not at all sure what tomorrow holds, but we are very sure who holds tomorrow.

We thank you Lord for having called us to this community to live our lives and do our work for Rotary. Grant us the wisdom and the foresight to discern what is for our own betterment and the betterment of all mankind.

Strengthen us in being a part of your power and influence.

Prosper us in our calling, help us in our needs, guide us in our as people pursuing peace.

May peace and goodwill abide among us this day and always.

Amen





## R.I President's Message



### R. GORDON R. MCINALLY

President  
Rotary International  
RY 2023-2024

The World Health Organization designates 10 October as World Mental Health Day, and with Rotary placing a special focus on mental health this year, I would like to help answer the question posed to me most often when I travel to meet members: How can my club get started?

There are some wonderful examples of Rotary members taking action already. In the Philippines, the Rotary Club of Tiaong-Hiyas held a 12-week health challenge for mothers in the community to promote some baseline health screenings and coaching on a healthier lifestyle.

By the end of the challenge, the mothers had a special bond and decided to form a Rotary Community Corps called Ilaw ng Tahanan ("one who lights up the home") with the goal of involving more mothers in health education and wellness support — and later youth services, teen pregnancy prevention, and help with unhealthy substance use. Almost a year later, the RCC is preparing to open its own health center where mothers can come for peer-to-peer support.

Another strong example is in Colorado. In the fall of 2021, a small group of stakeholders from the Rotary Club of Highlands Ranch formed the Rotary Clubs of Colorado Endowed Fellowship for Pediatric Mental Health, which enhances the ability of Children's Hospital Colorado to recruit and train pediatric psychiatry providers and allows the hospital network to make additional appointments. This increases access to mental health care for children and decreases provider shortages.



## Upcoming Activity

### Tukay-El Elementary School

Cebuano, Tupi, South Cotabato | October 21, 2023





# Metro Activity



# R.I President's Message

Since then, the project has brought on new supporters and is now fully funded with a \$500,000 endowment. Investment income from this endowment will support a fellow — a psychologist or psychiatrist — at Children's Hospital. A new fellow will be named every one to two years, beginning spring of 2024. Over time this will create a cohort to bolster the mental health workforce, treating kids from all 64 Colorado counties and neighboring states.

There are many more great mental health project stories on Rotary Showcase, and I invite you to share your experiences as you begin your own projects. Also, please reach out to [mindhealth@rotary.org](mailto:mindhealth@rotary.org) with any thoughts or ideas you would like to share about mental health in the Rotary world.

On 10 October, I will host a Facebook Live event when we will recognize World Mental Health Day and further explore how Rotary members can begin this journey. But I would like to leave you with one way every Rotary member can make a difference.

Right now, there is someone you know in the Rotary world — in your club, from a project you've worked on, in a Rotary Fellowship or Rotary Action Group — who could use a little more of your time and attention. Rotary is this great gift of global friendship, and that also means being there for each other.

Discovering the human connections that bind us is what we do through our membership every day. It's what Rotary has always been about, and we can build on it by helping each other find peace at home.

We need to learn how to ask not just "How are you?" but also "How are you really?" By doing so, Rotary can continue to Create Hope in the World.





# Secretary's Report



## JASON CARLO FRANCISCO

Secretary  
Rotary Club of Metro Dadiangas  
RY 2023-2024

Date of Meeting	Total Membership	# of Members Used in Calculating the Attendance	# of Members Present	# of Members Made-Up	%
OCT. 11, 2023	63	63	57	1	92%
<b>AVERAGE ATTENDANCE</b>					<b>92%</b>



# Metro Activity

## Pink October | Pink Zumba

October 14, 2024 @ Oval Gymnasium





# Metro Activity

## Project SMILE

KING ABBADON CERVANTES | 7 MONTH OLD | M | GSC

Date of Operation: **September 19, 2023**



**BEFORE**

**DURING**

**AFTER**



# Treasurer's Report



**JOHN ARCAMO**

Treasurer

Rotary Club of Metro Dadiangas

RY 2023-2024

**OCTOBER 18, 2023**

Club's Fund as of October 10, 2023	<b>₱286,696.11</b>
Add: Club's Collection (OCTOBER 11, 2023)	16,150.00
Add: Club Uniform Collection	2,000.00
Add: Project Tukay-El Pledges	41,000.00
<b>TOTAL Club's Fund by OCTOBER 12, 2023</b> ———	<b>₱345, 846.11</b>
<b>LESS EXPENSES</b>	
Meals (October 11)	16, 123.00
<b>TOTAL EXPENSES</b>	<b>16, 123.00</b>
<b>TOTAL BANK BALANCE AS OF OCTOBER 17, 2023</b>	<b>₱329,723.11</b>
 <b>PAYABLES</b>	
Project SMILE	93, 000.00
TRF (Annual Fund & PolioPlus Society)	47, 025.00
Polio Plus Fund Collection (300/member)	16,500.00
<b>TOTAL PAYABLES</b>	<b>156,525.00</b>
<b>TOTAL CLUB'S FUND AS OF OCTOBER 11, 2023</b>	<b>₱173,198.11</b>





## President's Message



### **ALVIN RAY DEMONTAÑO**

President  
Rotary Club of Metro Dadiangas  
RY 2023-2024

Good evening fellow Rotarians, Rotaractors, & Guests. Thank you for attending our 15th regular club meeting for Rotary Year 2023-2024.

Last October 14, 2023, The Rotary Club of Metro Dadiangas and the Rotaract Club of Metro Dadiangas celebrated PINK OCTOBER with several other clubs of AREA 3FGH at the Oval Grounds Covered Court, General Santos City. The Rotary Club of Metro Dadiangas kicked-off the event with a very powerful presence of Zumba enthusiasts joined also by several RCMD Ladies wherein they danced in unison with the instructors on stage. Truly it was a very memorable experience full of fun and enjoyment. I would like to personally thank Lady Elena Tiongson for spearheading the fundraising campaign for the Pink October Shirts.

We were joined by our partner in providing free medical services by the St. Elizabeth Hospital, Inc., Philhealth by informing the public on free services as well as breast cancer survivors sharing their journey.

This coming Saturday, October 21, 2023, we will be going to Cebuano Elementary School - Tukay-El Extension in Tupi, South Cotabato to distribute School Supplies and Smart TVs.



## President's Message

During our last meeting, we raised a total of P85,000.00 to support the school by providing them with the necessary supplies that they need. I would like to thank also PAG Melvin Distor for donating several pieces of roofing materials to be used in replacing the existing roofs of the classrooms.

October 24, 2023 is World Polio Day. In line with this, the clubs of Area 3FGH will be having a Fun Walk at the Oval Grounds wearing our End Polio Shirts, or anything Red to show to our community the efforts in eradicating the deadly disease through vaccination. Prevention is better than cure as always.

I would also like to remind everyone of their PolioPlus Society Donation of \$100.00 per year for us to become the first in the area to be a 100% PolioPlus Society Club. This will add recognition to the club, as well as help the cause in eradicating the disease worldwide.

Looking forward to your participation in the coming events! That is all for tonight's weekly meeting.

Thank you everyone for coming and may you have an enjoyable night.

